



## Calendar

10/9/14—P&C meeting  
7pm

16/9/14—Carnivale  
Matinee— 12pm  
Night—6pm

19/9/14—ONYA Disco  
70's theme

19/9/14—Last day of  
Term

7/10/14—Students  
return to school.

7/10—10/10—Sydney  
Excursion. Year 5/6

## Canteen Roster

8 Sept—Sally  
9 Sept—Karen C, Judy  
10 Sept—Jaime  
11 Sept—Rachel  
12 Sept—Leanne,  
Marette



supports our  
Breakfast Club.

## ACKNOWLEDGEMENT OF COUNTRY

We would like to respectfully acknowledge the Elders past and present of the Wijabul Wiyabal people and other peoples of Bundjalung Nation.

We acknowledge that they are the first peoples of this land on which our school stands.

# Newsletter

**Lismore Heights Public School**  
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TERM 3 WEEK 9 5 SEPTEMBER 2014

## LHPS has a Facebook page!!!

Type 'Lismore Heights Public School' into FB to visit our page.

## From the Principal

### Travel back in time

A huge thank you to Caitlin for bringing in this fabulous photograph from 2008 showing our then Kindergarten class. Take a minute to scan the faces and see how many of these little cuties you can name from among our current Year 6.



### Head Lice

Head lice is a perennial problem in schools and Lismore Heights is no exception. There have been a few isolated cases in the school recently and so we recommend that all families carefully check their children's hair. Remember, anyone can get head lice. People get head lice from direct hair to hair contact with another person who has head lice. Head lice do not have wings or jumping legs so they cannot fly or jump from head to head. They can only crawl. Head lice are found on the hair itself and move to the scalp to feed. Louse eggs (also called nits) are laid within 1.5 cm of the scalp and are firmly attached to the hair. They resemble dandruff, but can't be brushed off.

The easiest and most effective way to find them is to follow these steps:

#### Step 1

Comb any type of hair conditioner on to dry, brushed (detangled) hair. This stuns the lice and makes it difficult for them to grip the hair or crawl around.

#### Step 2

Now comb sections of the hair with a fine tooth, head lice comb.

#### Step 3

Wipe the conditioner from the comb onto a paper towel or tissue.

#### Step 4

Look on the tissue and on the comb for lice and eggs.

#### Step 5

Repeat the combing for every part of the head at least four or five times. If lice or eggs are found, the hair should be treated. This can be done by buying and using a head lice lotion or shampoo and following the instructions on the product. Remember, no treatment kills all of the eggs so **treatment must involve two applications, seven days apart**. The first treatment kills all lice; the second treatment kills the lice that may have hatched from eggs not killed by the first treatment.

Keeping hair tied up and not sharing hats helps reduce the risk of catching head lice.

**Lost—one gold ring with 3 stones was lost at school by a parent.  
If found please contact the office.**

### Carnivale Tickets – HURRY! HURRY!

Carnivale is less than 2 weeks away. There will be two performances on Tuesday 16 September. The evening show is always very popular and **tickets are selling fast**. To be sure of a seat and to avoid disappointment, buy your tickets NOW!

Tickets cost: Adult \$5, Child \$2, and pre-schoolers sitting on lap FREE.

### Canteen

Menu's have been sent home for families to order your meal for the Carnivale evening.

If you did not receive one more are available at the office. Orders are due back on Friday 12 September. We would also like to ask for donations of cakes and slices to be sold on the night.

### Class 1/2EB

Our class has been working on Cinquain Poems. Here is a selection of our works.

Web  
Sticky, thin  
Scary, fluttering, moving  
The web is moving in the wind  
Home

Kaitlyn

Whales  
Blue, grey  
Flapping, squirting, jumping  
Sweet sounds they make  
Mammal

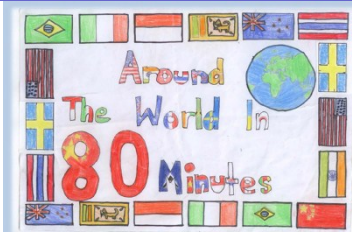
Georgina

Queen  
Beautiful, royal  
Sitting, ruling, loving  
Sitting on her throne and ruling  
Her kingdom  
Majesty

Caleb

Clown  
Big feet, crazy hair  
Funny, silly, weird  
Big hat, big pants, hilarious  
Entertainer

Josephine



Poster created by: Aime Little

LISMORE HEIGHTS PUBLIC SCHOOL'S 2014

## CARNIVALE

TUESDAY 16<sup>th</sup> SEPTEMBER

TWO EXCITING PERFORMANCES:

MATINEE PERFORMANCE at MIDDAY

EVENING PERFORMANCE at 6pm

TICKETS: ADULT \$5, CHILD \$2, preschoolers sitting on lap FREE

Tickets available at the School Office.

Seating limited to 230 places per performance.

### Before School Supervision

Can we remind parents and carers that children should arrive at school between 8.40-9.10am. There is no provision for looking after students prior to these times. For your child's safety, please ensure that they arrive at school at the appropriate time.

## Week 9 Focus Rule

Positive  
Behaviour  
for Learning  
at LHPS

Be **SAFE**, Be a Learner



### Active Listening

Could you discuss with your children the importance of why we encourage children to listen carefully to instructions. We also encourage students to wait their turn to talk. If you are needing to talk to a friend or teacher and they are already talking to someone else, wait your turn, say excuse me and when they look at you, they are ready to listen to you.

The PBL Team appreciates your support in teaching children the benefits in following our school rules.

Be **SAFE**, Be Respectful and Be a Learner

**Before/After School Care Surveys — Please return to school asap.  
More forms are available at the office if required.**