



## Calendar

25/5/14—Working Bee  
2—5pm

28/5/14—P&C meeting  
7pm.

29/5/14—Information  
night & Disco

1/6/14—Bunnings BBQ  
8—5pm

18/6/14—Skate Night

26/6/14—NAIDOC  
Lismore Showground

## Canteen Roster

26 May—Tony  
27 May—Nikki  
28 May—Lana L  
29 May—**Help needed**  
30 May—Leanne,  
Maree

*Bakers Delight*  
We're for real.

supports our  
Breakfast Club.

## ACKNOWLEDGEMENT OF COUNTRY

We would like to respectfully acknowledge the Elders past and present of the Wiyabal Wiyabal people and other peoples of Bundjalung Nation.

We acknowledge that they are the first peoples of this land on which our school stands.

# Newsletter

**Lismore Heights Public School**  
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TERM 2 WEEK 4 16 MAY 2014

## From the Principal

### Billycart Success!



On Sunday morning, bright and early, Lismore Heights students Dale H. (above left) and Kieran D. (above right) prepared to take part in the annual Bangalow Billycart Derby. Both students entered into the school event with Dale riding the billycart that he and his class mates built along with support from school volunteer, Sam. Dale completed two successful runs of the course, but unfortunately the school cart didn't make the final stages of the competition. Kieran, in a billycart built by Mrs LeSueur and her husband, found himself racing to success, winning his first two qualifying heats and gaining a place in the semi-finals. Competition was tough at this stage, but a high speed ride in the semi-final saw Kieran finish in first place and earn the school entry into the schools' final.

In the last race, Kieran got off to a great start, taking the lead early on with Byron Bay Public School just a fraction behind. As the race progressed, the two carts were side by side, but Byron nudged in front in the closing stages winning the race by less than half a metre. However, coming second overall was a magnificent achievement for Kieran and the school, and the school won \$500 for this result.

Well done to both boys for a great performance, well done to Mr Porter's class and Sam on making a great school billycart, and thanks to all of the parents, students and staff who came along to support the event.

### Aboriginal Dance Troup

Roy Gordon will be working with Aboriginal students from Years 2-6 over the next 5 weeks preparing them for our NAIDOC Aboriginal dance performance. Sessions will take place on Wednesday afternoons between 2.20-3.10pm in our school Yarning Room. We are looking forward to a great performance from our young talented dancers during our NAIDOC assembly.

### Zone Cross Country

The Zone Cross Country event is on Friday 23<sup>rd</sup> May at Corndale Public School. We have been informed that the track is a traditional cross country course which will make for a very exciting event. We wish every one of our competitors all the best as they compete for a place in the Regional finals.



## Woolworths Rock!



'Thank you, thank you, thank you' to Woolworths for your great support last Friday during our Jamie Oliver healthy food fest. Woolworths were kind enough to donate heaps of food and some amazing staff to support the event. Every student was involved in not only learning about what a healthy diet is and why it's important to eat healthy food, but they also got to create and eat a healthy wrap. Now that they know how important it is to eat healthily, and how easy it is to make healthy food, we hope to see more and more of our students coming to school with healthy lunch boxes. And the beauty of it is, if you buy fresh produce it's cheaper to make healthy snacks than to buy processed food. So do your purse and our students a favour and pack them off to school with a healthy lunch box.

### RAINBOW SALAD WRAP

This is a colourful tasty wrap and a lot of fun to make! We used red & white cabbage, carrots, pear and fetta cheese in our wraps. The dressing: 5Tbsp natural yoghurt, 1/2 teasp English mustard, 3 teasp vinegar, 2 Tblsp virgin olive oil.



### P&C Bunnings BBQ

On Sunday 1<sup>st</sup> June the P&C will be running the Bunnings BBQ in Lismore from 8.00am-5.00pm. If you can spare a couple of hours, please let the school know. This is our biggest fundraiser in the year and your help is needed. Every child benefits from the monies raised, so please come along and do your bit for our lovely school.

### Next P&C Meeting

Our next P&C Meeting is on Wednesday 28<sup>th</sup> May at 7.00pm in the school staff room. Please come along and have your say in what happens at our school. One of the agenda items for the next meeting is school uniforms. Everyone welcome.

### Working Bee Saturday 24th

We are holding a Working Bee at school on Saturday 24<sup>th</sup> May between 2.00pm-4.00pm. It's only for a couple of hours to work on our garden beds (weeding, spreading mulch). Please come along and support – many hands make light work! If you have a spade / wheelbarrow please bring them along, otherwise just turn up, there'll be plenty to do.

### Disco / Parents Information Evening/Supper Thursday 29 May.

The canteen will be open from 5.30pm for families to have dinner. We will be cooking steak sandwiches, hamburgers, pizza, and pies. Great coffee, tea, hot chocolate, cold drinks and snacks will also be available.

Please place your order in advance.

The disco and info session will start at 6.00pm.



Positive  
Behaviour for  
Learning at LHPS

## Week 5 Focus Rule

# BE RESPECTFUL



## Follow Teachers Instructions

Could you talk to your children about what 'Being Respectful' towards others and speak politely looks like. An example would be; speaking politely towards their peers, staff and family. The bus driver is also someone they can speak politely to. Discuss other people at home that they could speak politely to.

**The PBL team thank you for your support at home and reminding your children of the importance in following our core rules.**

**Be SAFE, Be Respectful and Be a Learner**



## Reforms to P&C Federation

The NSW Parliament has introduced legislation to reform the NSW Federation of Parent and Citizens Associations, which has suspended operation pending Supreme Court action. While these reforms will not affect the day-to-day operation of individual school P&Cs, they will introduce a new executive structure which will ensure the Federation operates as a modern and representative body on behalf of school P&C Associations.

Each school's P&C Association will be asked to vote for councillors and delegates who will represent their electorate at the Federation's Annual General Meeting and councillors who will serve on the Federation's Board of Management. More information will be available on the Department's website at

<http://www.schools.nsw.edu.au/gotoschool/a-z/involvement.php>.

## Too sick for school?

As the cold weather hits, so do the winter bugs. It's often hard to know whether to send your child to school or let them stay home to recover, especially when that means an adult cancelling work. For safety's sake, if your child seems unwell you should always keep them home from school and seek medical advice.

School A to Z and the NSW Health have created an at-a-glance chart to help answer your questions about common childhood illness and how long sick kids need to miss school. Find it by typing this link into your web browser [www.bit.ly/1hytn2E](http://www.bit.ly/1hytn2E)

## Mental maths strategies

We teach children a range of different strategies to add and subtract numbers. By showing them several methods for solving maths questions, we're helping them to look for patterns. All this builds a good sense of "number" which means they understand the relationships between different numbers and why different ways to add and subtract work well. The goal is that your child will understand many ways to approach a maths problem and will be able to choose a way that makes the most sense to them. School A to Z has a lot of resources, including help sheets on mental maths strategies, here : [www.bit.ly/JkiUsY](http://www.bit.ly/JkiUsY)

## In the Classroom with 3/4L

