



Calendar

- 12-17/9/13—
Healthy Harold
K- 6 years. \$9 each
- 18/9/13—Gigalees
Comedy Circus
Classes K-2 \$5 each

20/9/13—Last day of term.

8/10/13—School resumes for Staff & students

30/10/13—Kinder orientation 1.50-3.10

6-8/11/13—Coffs excursion 5/6year

6/11/13—Kinder orientation 1.50-3.00

13/11/13—Kinder Orientation 1.50-3.00

20/11/13—Kinder orientation 10-3.00

PBL Lesson

Inappropriate comments

ACKNOWLEDGEMENT OF COUNTRY
LHPS would like to acknowledge the Widjibal-Wybal people who are the Traditional Custodians of this Land. LHPS would also like to pay respect to the Elders both past and present of the Bundjalung Nation and extend that respect to other Aboriginals.

Newsletter

Lismore Heights Public School

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TERM 3 WEEK 8

6 SEPTEMBER 2013



From the Principal

Sporting Success!!

Kynan Davis and Kieran Devine both went to Tasmania to take part in the National Cross Country Championships, competing against the best primary school athletes in Australia. Kieran ran a fantastic race coming 5th in the country for his age. Kynan's came in among the medal winners, turning in an amazing performance and earning the Silver Medal for coming second in the country for his age. Well done, boys, we are incredibly proud of you.

Lost Keys

A small bunch of keys have been lost, presumably at school. One key had a picture of Garfield (the cat) on it, another was pink with elephants on it. Both keys are attached to a Pooh Bear key ring. These are very distinctive keys. If anybody has seen them or knows where they are, please could you contact the school or hand them in at the school office.

Criminal Damage

Over the weekend there has been some criminal damage to our beautiful school. Two cast iron drain covers have been smashed, damage has also been caused to steps leading to one of the classrooms, a flag pole has been broken and the hose in the vegetable garden has been turned on and left running over the weekend – I dread to think what our water bill will be this month. Whilst this level of mindless criminal damage is annoying, it is also very costly for the school. Money that could be spent on school excursions or sporting equipment, for example, is having to be used to rectify some of the damage caused. If anyone knows anything about this incident, please contact the school.

Help Needed to Audit P&C Accounts

As you will be aware, one of our P&C's primary roles in school is to raise funds to buy equipment and improve facilities for our students. Periodically, the P&C need to have their finances audited and this is costly – taking money away from our students and our school. If there are any parents or carers out there with expertise in this area, who could volunteer their time (or offer a reduced rate) to audit the P&C's accounts, please contact the school office or a member of the P&C Committee and we will forward your information to the P&C President.

Items Removed from School Bags

Unfortunately, there have been a few cases of items being taken from students' school bags recently. Whilst the vast majority of students follow the school rules, a small minority (and this is probably just one or two students) have resorted to taking things that do not belong to them. Please advise your child not to leave valuables in their unattended school bags, and if necessary, to hand items of value to their teachers for safe keeping until the end of the day.

REMINDER: Monster Garage Sale

Lismore Heights Bowling Club, adjacent to the school, will be holding a MONSTER GARAGE SALE from 7.00am on Election Day to raise funds to save the club. Garage sale includes: White Elephant Stall, Bric-A-Brac, Cakes, Lots and Lots of Books and Magazines, Plant stall and many more items at reasonable prices. They will also be operating a **Sausage Sizzle** for a Donation on the day.

Mark Scotton

Yarn Up

All Parents and carers are invited to attend a yarn up with Aunty Dorothy Gordon on Thursday 12 September at 10am. Morning tea will be available.

P&C News

At our meeting on Tuesday 3rd September we had a guest speaker, Tarryn Corlet from the Lismore City Council who is initiating a Walking Family Bus. This concept is about a group of children and their families walking to school along a timetabled route, getting regular physical activity while developing road safety awareness and social skills. If interested please call into the office to receive a flyer with registration details. This is a great school and community concept promoting a healthy lifestyle. Free fruit and vegetable vouchers and cookbooks can be won.

Thank you to Nena Carroll, Lana Little, and Sally Drysdale for helping with the Father's day stall.

Regards,

Stacey Yates, P&C President



SES visit

Coffs Harbour Excursion

Those students attending the Year 5/6 camp on 6—8 November 2013.

Final payments for this excursion are due before the end of term.



Kinder Orientation



Parents/carers are welcome to stay with their children for all/part of the orientation program

Day 1: Wednesday 30th October 1:50-3:10

On Day 1 parents/carers are invited to attend our information sharing session while your child visits the Kindergarten classroom.

Day 2: Wednesday 6th November 1:50-3:00

Day 3: Wednesday 13th November 1:50-3:00

Day 4: Wednesday 20th Nov (all day) 10:00-3:00

"Teddy Bears Picnic" – new Kindies are asked to bring a teddy and a picnic lunch to school on Day 4.



Bakers Delight
We're for real.

supports our
Breakfast
Club.



Jump Off Day

Next Thursday September 12 is our schools annual jump Rope for heart jump off. This is the culmination of our school's fundraising for the Heart Foundation. At 2.30 there will be an assembly in the school hall and each class will enter their best skippers in a fun skipping competition. Prizes will be awarded to the school's beast skippers and fundraisers. Parents are welcome to attend the assembly. Please see that your child's sponsorship form and funds are brought to school on this day.

Regards Richard Vigna

Canteen Roster

9 Sept—Michelle A
10 Sept—Rachel, Karen
11 Sept—Nikki, Marette
12 Sept—Maya
13 Sept—Tony

Book Week Characters



PRINCIPALS AWARDS

Lilly Davison

Olivia Crick

Myles Drew

David Schweigert

These will be awarded at Mondays assembly at 2.40pm

Joel Everson

Luka Warren

Jayden Cook

Asha Little

Neo McGovern

Trey Moncreiff

Dale Hope

Malachi Dalton



Lunchbox snack foods

Children need to eat a range of different foods to provide nutrients to meet growth and energy needs. Snacks need to be everyday foods rather than sometimes foods.

Confectionary and lollies are very high in sugar, provide extra kilojoules and cause tooth decay. They are not recommended for lunch boxes. Keep these foods for special occasions only.

Everyday Snacks	Sometimes Snacks
fruit loaf	muesli bars and
plain popcorn	dried fruit bars
plain or fruit yoghurt	potato crisps /
cheese and crackers	chips and corn
fresh fruit or canned	chips
fruit	lollies and
dried fruit and cheese	confectionary
cubes	chocolate
wholemeal biscuits or	cordial
crackers	soft drink
vegetable sticks and	
dip or salsa	
corn or rice cakes	
with or without	
spreads	
celery, cherry toma-	
toes and carrot sticks	



Where in the World is Bucket Head?

Bucket Head has been getting out and about recently. Lets follow him on his escapades. See if you can guess where he is. *Where in the World?*



Last week he was attending the football game at Oakes Oval between Melbourne Heart and Brisbane Roar.