



### Calendar

- 16/8/13—Jump Rope for Heart
  - 19/8/13—Assembly-3/4W
  - 20/8/13—Robin Hood production RRHS— all students
  - 22/8/13—Sustainability festival Yrs 5/6
  - 27/8/13 — Greyhound Race night
  - 28/8/13—Moving into Teens –Yr 6
  - 3/9/13—P&C meeting
  - 12-17/9/13—Healthy Harold K- 6 years. \$9 each
  - 18/9/13—Gigalees Comedy Circus Classes K-2 \$5 each
- 20/9/13—Last day of term.

### PBL Lesson

#### *Routine:*

#### *Lunch and Recess*

ACKNOWLEDGEMENT OF COUNTRY  
LHPS would like to acknowledge the Widjibal-Wybal people who are the Traditional Custodians of this Land. LHPS would also like to pay respect to the Elders both past and present of the Bundjalung Nation and extend that respect to other Aboriginals.

## Newsletter

**Lismore Heights Public School**  
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TERM 3 WEEK 5 16 AUGUST 2013

### From the Principal



#### Robin Hood – The Musical on Tuesday Night

Tickets to the performance are available now from the School Office. Tickets cost \$5.00 per adult. Children accompanied by adults are FREE. Tickets can also be purchased on the door. Please note that children performing in the show need to arrive at Richmond River High School at 5.30pm on Tuesday evening. The show will start at 6.00pm. Lismore Heights Public School P&C will be running a canteen on the night. The students are all very excited and we look forward to seeing you there.

#### Struan Presgrave Visit

Struan is the local Police Liaison Officer for Lismore area and he will be visiting some of our classes on Monday 19<sup>th</sup> August as part of his community liaison program. Those students lucky enough to meet Struan will have the opportunity to ask him questions about his role in the community, and also to learn a little about how they can help to keep their community safe.

#### Lismore Performing Arts Festival

On Tuesday 27<sup>th</sup> August, the school choir and some of our Robin Hood cast will be performing at the Lismore Performing Arts Festival at the Workers Club, Lismore. Tickets for the show can be purchased from the Workers Club or online at [www.lismoreworkersclub.com.au](http://www.lismoreworkersclub.com.au). The show starts at 6.30pm sharp!



#### Aboriginal Committee Meeting

We have an Aboriginal Committee at school and would dearly love for parents to join us for our meetings to discuss how we can better provide for our Aboriginal students. Our next meeting is on Wednesday 28<sup>th</sup> August at 8.30-9.00am in the school staffroom. Our meetings are fairly informal, so please come and join us for a chat. We will be joined at the next meeting by Jennifer Winfield who will be talking about the 'Belonging Project'.

#### Morning & Afternoon Drop Offs

For the safety of your children could you please drop off students at the Milton Street zone when arriving in the morning. The bus bay at the front of the school is designed for buses only. When cars are using this space the buses haven't got room to pull in safely to drop off students. The safety of our students is of the highest priority.

Mark Scotton

### Kindergarten 2014

We are now taking names of children who will be starting kindergarten in 2014. Orientation dates will be advertised early next term.

## Greyhound Races Tuesday 27 August

This is a fundraiser for our school to raise funds for new basketball back boards. This is a great family night with meals available at the bistro. Each family will receive one free ticket all other Tickets are available at the office for \$5 per ticket. Please bring your family and friends along for a great night out. There will also be a meat tray raffle on the night.

We would like to thank our great Sponsors:

Pacific Garage—Ballina  
Northern Rivers Discount Batteries  
Liberty Service Stations  
Nth Coast Wholesale & Distribution  
Nimbin Bakery  
Nina & Poppy Pares  
Wyrallah Rd Blue Ribbon Meats  
Lismore Tractor & Machinery Centre.

## Coffs Harbour Excursion

Those students attending the Year 5/6 camp on 6—8 November 2013.  
Final payments for this excursion need to be made before the end of term.

## Canteen Roster

19 August—Leanne P  
20 August—Rachel  
21 August—Sally  
22 August—Marette  
23 August—Tony

26 August—Nikki  
27 August—Leanne P  
28 August—Stacey C  
29 August—Tony  
30 August—Stacey Y, Kellie



## Parent Tips

### Cyberbullying - prevention tips for parents

The statistics around cyberbullying are sketchy, mainly because it often goes unreported. What we do know is that the likelihood of children being bullied online or over the phone increases as they get older and use technology more frequently.

Find out more: <http://www.schoolatoz.nsw.edu.au/technology/cyberbullying/say-no-to-cyberbullying>

### How much screen time?

'Screen time' used to mean how many hours you spent watching TV and playing on the computer. However, with the growing number of digital devices on offer today, the question of what screen time means now is far more complex.

Find out more: <http://www.schoolatoz.nsw.edu.au/technology/using-technology/screen-time>

### When lunch comes home ... again

Almost nine out of 10 Australian parents say children's resistance is a major obstacle in their efforts to provide a healthy diet, and in many cases school lunches are one of the battlegrounds. But it's a battle families can do

without and there are some simple steps to help avoid it.

Find out more:

<http://www.schoolatoz.nsw.edu.au/wellbeing/food/when-lunch-comes-homeagain>



supports  
our  
Breakfast