



Calendar

- 6/6/13 Netball Gala day
- 7/6/13—Regional Cross Country
- 26/6/13—Pizza day
- 27/5/13- Assembly 2.40pm
- 28/5/13—P&C meeting 5.30pm
- 3/6/13—Lantern workshops
- 7/6/13—Regional Cross Country
- 10/6/13—Public Holiday
- 20/6/13—Pyjama & Ice-cream day
- 26/6/13—Skate night
- 20/7/13—Working Bee in classrooms
- 30/7/13 Athletics carnival
- 20/8/13—Robin Hood production

RRHS

ACKNOWLEDGEMENT OF COUNTRY
LHPS would like to acknowledge the Widjibal-Wybal people who are the Traditional Custodians of this Land. LHPS would also like to pay respect to the Elders both past and present of the Bundjalung Nation and extend that respect to other Aborigines.

Newsletter

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TERM 2 WEEK 5

31 MAY 2013

From the Principal



Our School Vision Statement

Over the past term staff, students and parents have been working together to create a school *Vision Statement* that everyone at the school understands and that accurately reflects our school's aims. The opinions of parents have been sought through our monthly P&C meetings, and the opinions of students have been canvassed through discussion with our School Captains and Vice-Captains as elected representatives of our student body. Below is a copy of our new school 'Vision Statement'.

At Lismore Heights Public School we work together, guiding each other to achieve our best in mind, body and culture through quality educational experiences and a supportive learning environment. Our school and its community will always 'Aim High'.

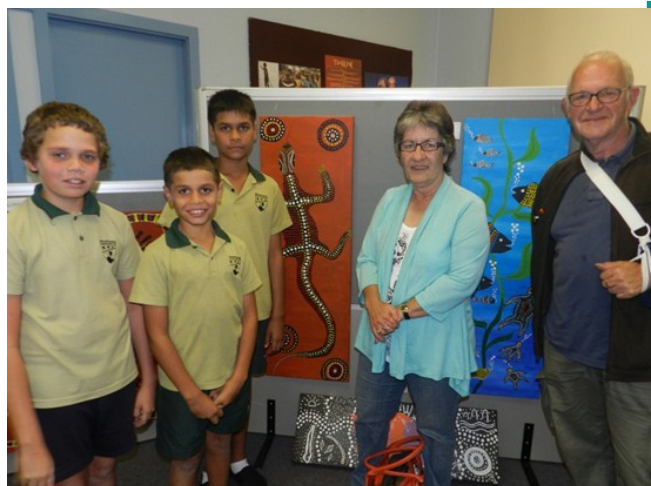
Aboriginal Art Exhibition



Congratulations to all of our Aboriginal students on your amazing Aboriginal Art Exhibition last week. The feedback from parents was overwhelmingly positive. Thank you to all of the parents and family members who attended and a special thank you to Aunty Ros for sharing her story and for the 'Welcome To Country'. I would also like to extend my thanks to our wonderful Aboriginal Student Leaders, Jakeem, Dontay, Kyshyia and Jack who spoke to the visitors about the paintings, the school staff who organised and coordinated the event, and the amazing parents who gave up their time to come into school to help on the painting day.

Mark Scotton

Left to right: Dontay, Reshawn, Jakeem, Aunty Ros and Teaching Assistant Ray pictured at the Exhibition.



Pyjama & Ice-Cream Day Gold Coin Donation

The SRC have requested a dress-up fundraiser to help pay for new sports equipment in school. On Thursday 20th June, all children (and adults) are invited to come to school dressed in their Pyjamas – all we ask in return is for a **gold coin donation**. For an additional gold coin students can buy ice-cream from the SRC at lunchtime.

Lantern Making

Students who have signed up and paid for the Lantern Making sessions on Monday are advised to bring an apron or old shirt to school on the day. Lantern making can get a bit messy, so it's a great idea to have something to put over the top of your school clothes.

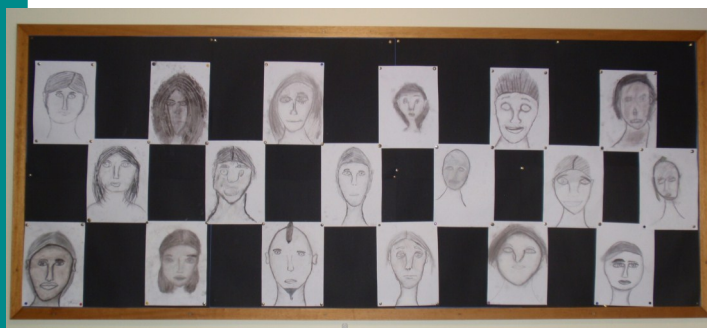
Debating

Yesterday 8 students went to Alstonville Public School to learn more about debating.

We met an extremely funny man by the name of tony. He helped the subject be more interesting and the day was full of humour even though we were learning at the same time. We played games and in one Angus was Sally Pearson—very funny. We tried to tie his hair up but failed epically as we ran out of time. We learnt heaps. Our brains hurt.

We have perfect P, know our 3 M's and much more! We can PEEL and SEEL and rebut,r ebut, rebut and rebut some more. It was a great day.

Sirena, Mia, Kayla, Bonnie, Alisha, Erin, Angus and Lily.



Art work by 5/6L

Bakers Delight
We're for real.

supports our
Breakfast
Club.

PRINCIPALS AWARDS

Maddison Law
Lilly Blanch
Makirra Palmer
Lucas Sullivan
James Pearson
Kayla Drysdale
Laquisa Khan
Dontay Brown
Millarni O'Sullivan
Chadrik Fields
Blake Drew

These awards will be presented at Mondays assembly at 2.40pm. Parents are always welcome to attend.



Students rehearsing for Robin Hood



P & C Fundraiser
Skate Night
Wednesday 26 June
5—7pm

Friends and family all welcome.
\$5 entry fee, \$2 skate hire

PBL Lesson

Play safely and fairly in the playground

Sports News

Canteen Roster

3 June—Stacey C
4 June—Leanne P
5 June Jodie
6 June—Lee, Clare
7 June—Tony, Maya
10 June—Public holiday
11 June—Karen C
12 June—Marette
13 June—Aliesha
14 June—Brad, Nena

Congratulations to all the children who attended the **Zone Cross Country** at Corndale on Friday. It was a very interesting course, set in a “cow” paddock with gullies, steep hills and a pallet bridge. The weather almost held off for us, with a shower at the end. I was very proud of the great sportsmanship and camaraderie that our students demonstrated.

Congratulations to our 5 students who placed and are now eligible to attend the North Coast Carnival in Lismore on the 7th of June.

8/9 Yrs Boys 1st – Xander Creighton
10 Yrs Boys 1st Kynan Davis, 2nd Ethan Hooker,
11 Yrs Boys 1st Kieren Divine, 2nd Deacon Shaefer
12 Yrs Boys 1st Cherome Boyer, 2nd Dylan Phillips

Athletics Carnival

Our school athletics carnival will be held at Riverview Park, on the Tuesday the 30th of July.



Friday walking group



Why is breakfast important?

children who miss breakfast are often reported as having poor behaviour and poor concentration

children who miss breakfast are often unable to meet their daily nutrient requirements

children who miss breakfast are more likely to have a greater risk of being overweight or obese

eating breakfast helps children learn and establish healthy eating habits early in life.

Quick and easy breakfast ideas:

Make sure your child starts every school day with a nutritious breakfast that includes foods from at least two of the five food groups.

For example

- wholegrain cereal with reduced-fat milk
- fruit smoothie
- boiled eggs and toast
- slices of fruit with yoghurt
- raisin toast with sliced banana
- muesli, chopped fruit and yoghurt



Support your local school

Woolworths Earn & Learn

Keep collecting your Woollies stickers! We have boxes located at our school and also at the Goonellabah and Central stores. These stickers need to be placed on the sticker cards supplied by Woolies. Please make sure you collect a card from Woolies next time you go.

Zone Cross Country



Lismore Heights Primary School Canteen Order Form – Pizza Day Menu

Please place your order below for yummy pizza's for Wednesday, 26th June. Please return money in an envelope along with this order form by 19th June to the canteen. One order per family is fine. We are fundraising for a new oven for the canteen.

Family Name: _____

<u>Number</u>	<u>Description</u>	<u>Cost</u>	<u>Total</u>
_____	Margueritas (vegetarian)	\$3.00	_____
_____	Ham & Pineapple	\$3.00	_____
_____	Meatlovers	\$3.00	_____
_____	Supreme	\$3.00	_____